



RECLAIMING SWANSEA'S SURPLUS FRUIT

Volunteer Role Title: **Harvest Leader**

Purpose

Cyfoeth Y Coed cannot organise fruit picking events without a Harvest Leader present to supervise the volunteer pickers and keep the site safe for everyone. If you volunteer in this role you'll be making a major contribution to providing delicious and nutritious local food for people in Swansea who might not be able to afford it otherwise.

Suggested activities

In this role you'll be supervising the harvest, creating a safe and welcoming environment for the volunteers who've come to pick.

We'll ask you to deliver a short training on using ladders, working with picking poles, lifting and on-site safety. We'll give you training ahead of time on all of these things and provide you with review materials, for anytime you want a refresher.

We don't want you to be stretched by having to supervise too many people so we'll keep the ratio to a maximum of one leader to four pickers. In all likelihood you'll be picking too but we'll ask that your main priority is keeping the site safe and being available to answer the other volunteers' questions.

As the fruit are picked they'll be packed in boxes or crates. We'll provide a scale, ask you to make sure these boxes don't weigh more than 12 kg and record the total weight of fruit harvested. If you could also record attendance this would be very helpful.

A volunteer driver will collect the fruit and take it to the pickup point for distribution. We'll ask you to be responsible for loading the boxes into the driver's vehicle and for doing a debrief with the pickers so you can let us know about any issues or ways to improve the process.

Time scale

We will be scheduling fruit picking on different days both in the week and during the weekend during the harvest period August – October. These events will take place between 10:00 am and 6:00 pm.

Site

We'll be picking fruit in a range of outdoor locations, including parks, gardens and common land. Most of our sites are within an eight kilometre radius of Swansea City centre.

Supervision

One to one with the project manager by appointment. Access to co-ordinator by phone and email.

Qualities

Enthusiastic, collaborative, patient, willing to listen, able to use (when trained) a 3.5 m picking pole if picking apples or pears (the poles are modular so they can be made shorter but if they're too short they won't be able to reach the fruit), a recognition of the importance of on-site safety – and able to provide on-site training to the team.

Benefits:

- Full induction training including basics of supervision,
- safe use of picking poles and ladders and manual handling training for lifting boxes safely (use of ladders isn't mandatory).
- Reimbursement for your travel expenses using public transport.
- Safety equipment (hard hats) provided.
- Fun! Taking part in an outdoor activity with like minded people.
- Fruit! Please bring a carrier bag, or some other container with you to take some home.
- Sense of achievement: when we've finished picking we'll weigh the fruit, so you'll know exactly what you've picked.
- Experience supervising others.
- Experience contributing to a new, low carbon, food source for Swansea.